

Activity sheet 2 (b) – Blood donation session

Watch the Virtual Blood Donation Session on the website – don't just listen to the voiceover, read the text too!

Work through the simulation, answering these questions on your way.



1. When does a donor carer look after you?
2. How many donor sessions happen each year?
3. Why read the welcome folder, even if you have given blood before?
4. Why do you have to fill in a donor health check form (two reasons)?
5. Why would it matter if you have had a piercing in the last 12 months?
6. What is the Blood Services' database called?
7. Why do you have to sign a consent form?
8. What does haemoglobin do?
9. Why do they use a new lancet and pastette for each donor?
10. What does BBMR stand for?
11. How long does the actual blood donation take?
12. What does anticoagulant do?
13. What are the four components that donated blood is separated into?
14. How often can you give blood?
15. When is whole blood used?
16. What is plasma?